

CURRICULUM & SYLLABUS



FOUR YEAR

UNDERGRADUATE

PROGRAMME IN THE

DEPARTMENT OF

PSYCHOLOGY

BSc. Psychology

IN ALIGNMENT WITH NEP-2020

(UGC Guidelines)

w.e.f. Academic Year 2026-27

**SRM UNIVERSITY
DELHI-NCR, SONEPAT
(HARYANA)**

VISION

SRM University Delhi-NCR, Sonapat, Haryana aims to emerge as a leading world-class university that creates and disseminates knowledge upholding the highest standards of instruction in Medicine & Health Sciences, Engineering & Technology, Management, Law, Science, and Humanities. Along with academic excellence and skills, our curriculum imparts integrity and social sensitivity to mould our graduates who are suitable to serve the nation and the world.

MISSION

- To create a diverse community campus that inspires freedom and innovation.
- Promote excellence in educational & skill development processes.
- Continue to build productive international alliances.
- Explore optimal development opportunities available to students and faculty.
- Cultivate an exciting and rigorous research environment

EMPLOYABILITY ATTRIBUTES

B.Sc. PSYCHOLOGY AS PER NEP-2020 GRADUATE EMPLOYABILITY ATTRIBUTES

Successful completion of an undergraduate programme in psychology (Hons.) will endow the learners/aspirants with the following attributes:

1. Strong foundation in major domains: clinical, counselling, social, developmental, organizational, community, forensic, behavioural medicine, disability, gerontology, and digital psychology.
2. Ability to integrate biological, psychological, and socio-cultural perspectives.
3. Competence in administering, scoring, and interpreting psychological tests. Understanding of reliability, validity, norms, and ethical testing practices.
4. Ability to prepare structured psychological reports. Proficiency in qualitative and quantitative research methods. Competence in hypothesis formulation, experimental design, and field research. Skilled use of statistical tools (SPSS, Excel) for data analysis. Ability to write research reports in APA format.
5. Foundational helping skills (empathy, rapport building, active listening). Basic intervention planning (CBT principles, psychoeducation, behavioural strategies). Mental health screening and referral competence.
6. Evidence-based reasoning in analysing psychological and social issues. Ability to evaluate competing theories and approaches. Application of psychological principles to real-world problems.
7. Effective verbal, written, and digital communication. Presentation, teamwork, and interpersonal competence. Ability to engage with clients, stakeholders, and communities.
8. Adherence to ethical guidelines in research and practice. Respect for confidentiality, consent, and professional boundaries. Social accountability and responsible practice.
9. Understanding of Indian socio-cultural context in mental health. Sensitivity to gender, disability, caste, migration, and diversity issues. Commitment to reducing stigma and promoting inclusion.
10. Competence in digital literacy, data processing tools, and online platforms. Use of technology in research, intervention planning, and documentation. Exposure to digital psychology and modern behavioural tools.
11. Understanding of work psychology, stress management, and employee well-being. Ability to function in multidisciplinary teams. Internship and fieldwork exposure enhancing real-world readiness.
12. Ability to design and participate in community mental health programs. Awareness of government policies and welfare schemes. Promotion of preventive and promotive mental health initiatives.
13. Preparedness for postgraduate study (MA/MSc Psychology, MSW, MBA-HR, Clinical Training).
14. Foundation for research careers and competitive examinations. Capacity for reflective practice and continuous professional development.

DEPARTMENT OF PSYCHOLOGY

PROGRAMME EDUCATIONAL OBJECTIVES (PEOs)

The undergraduate psychology program has the following objectives:

1. To demonstrate strong foundational and advanced knowledge in major domains of psychology (clinical, social, developmental, organizational, research, and applied areas) and apply psychological principles in professional and community settings.
2. To design, conduct, analyze, and interpret psychological research using scientific methods, statistical tools, ethical standards, and digital technologies.
3. To exhibit competence in psychological assessment, intervention techniques, counselling basics, report writing, digital literacy, and workplace skills aligned with national and global employability needs.
4. To uphold ethical principles, respect diversity, promote mental health awareness, and address socio-cultural issues with sensitivity and professionalism.
5. To pursue higher education, research, entrepreneurship, or professional certifications while demonstrating leadership, innovation, and commitment to lifelong learning.

PROGRAMME LEARNING OUTCOME (PLOs)

The learners who complete three years of full-time undergraduate honours degree program in psychology would be able to demonstrate the following:

1. Demonstrate comprehensive understanding of core psychological concepts, theories, models, and historical developments across major domains of psychology.
2. Design research studies, apply qualitative and quantitative methods, use statistical software (e.g., SPSS, Excel), interpret data, and report findings in APA format.
3. Administer, score, and interpret psychological tests ethically; demonstrate basic counselling and intervention strategies in clinical, educational, and organizational contexts.
4. Analyze psychological issues using evidence-based reasoning, evaluate competing theories, and apply psychological principles to real-life individual and societal problems.
5. Exhibit effective oral, written, digital, and interpersonal communication skills, including professional presentation, teamwork, and client interaction.
6. Adhere to ethical guidelines in research and practice, demonstrate empathy and social accountability, and respect diversity and inclusivity.
7. Apply psychological knowledge to promote mental health, well-being, sustainable development, and social justice at individual and community levels.
8. Utilize digital tools, data processing software, online platforms, and emerging technologies in psychological research and practice.
9. Work independently and collaboratively, manage projects and internships effectively, and engage in reflective practice and lifelong learning.
10. Formulate research questions, conduct independent research projects/dissertations, apply advanced data analysis techniques, and contribute to psychological knowledge creation.

MAPPING MATRIX OF PEOs AND PLOs

		Programme Learning Outcomes (PLOs)					
Programme Educational Objectives (PEOs)		PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6
PEO 1							
PEO 2							
PEO 3							
PEO 4							
PEO 5							

PROGRAM REQUIREMENT

1. General Education Requirements: Humanities
2. Basic Science and Engineering Requirements: Nil
3. Disciplinary Requirements comprising of:
 - a) *Psychology Department* Core courses (through regular/online mode)
 - b) *Psychology Department* Electives (through regular/online mode)
 - c) *Psychology Department* Open Electives (through regular/MOOC mode)
4. Practical and Research component:
 - Regular Practical and Research
 - Live Projects
 - Dissertation
 - Internship, Summer-Internship/Field

Admission Pathways for Undergraduate Programme

Students who have successfully completed Grade 12 School Leaving Certificate shall be eligible for admission to a first-degree programme.

Entry 1: The entry requirement for 1st Year UG Programme is Secondary School Leaving Certificate obtained after the successful completion of Grade 12. A programme of study leading to entry into the first year of the Bachelor's degree is open to those who have met the entrance requirements, including specified levels of attainment at the secondary level of education specified in the programme admission regulations. Admission to the Bachelor degree programme of study is based on the evaluation of documentary evidence (including the academic record) of the applicant's ability to undertake and complete a Bachelor's degree programme

Exit 1. A certificate will be awarded when a student exits at the end of year 1. The first year of the undergraduate programme builds on the secondary education and requires 46 credits during the first year of the undergraduate programme for qualifying for an undergraduate certificate. **(Level-5)**

Entry2. The entry requirement for a certificate obtained after completing the first year (two semesters) of the undergraduate programme. A programme of study leading to the second year of the Bachelor's degree is open to those who have met the entrance requirements, including specified levels of attainment, in the programme admission regulations. Admission to a programme of study is based on the evaluation of documentary evidence (including the academic record) of the applicant's ability to undertake and complete a Bachelor's degree programme.

Exit 2. At the end of the 2nd year, if a student exits, a Diploma shall be awarded (Level 6). A diploma requires 95 credits with 49 credits in 2nd Year (3rd& 4th Semesters) **(Level-6)**

Entry 3. The entry requirement for a diploma obtained after completing two years (four semesters) of the undergraduate programme. A programme of study leading to

the Bachelor's degree is open to those who have met the entrance requirements, including specified levels of attainment, in the programme admission regulations. Admission to a programme of study is based on the evaluation of documentary evidence (including the academic record) of the applicant's ability to undertake and complete a Bachelor's degree programme.

Exit 3. On successful completion of three years, the relevant degree shall be awarded Bachelor Degree in the discipline. A Bachelor's degree requires 145 credits till 3rd Year, with 46 credits in 1st Year and, 49 credits in 2nd Year, and 50 credits in 3rd Year. **(Level-7)**

Entry 4. An individual seeking admission to a Bachelor's degree (Honors/Research) in a specified field of learning would normally have completed all requirements of the relevant three-year bachelor degree (3rd Year). After completing the requirements of a three year Bachelor's degree, candidates who meet a minimum CGPA of 7.5 shall be allowed to continue studies in the fourth year of the undergraduate programme to pursue and complete the Bachelor's degree with Research.

Exit 4: On the successful completion of the fourth year, a student shall be awarded a degree (Honors/Research). A Bachelor's degree (Honors/Research) requires a total of 181 credits in the 4th Year, with 46 credits in 1st Year, 49 credits in 2nd Year, and 50 credits in 3rdYear , and 36 credits in 4th Year. **(Level-8)**

Four Year Under Graduate Programme Credit Structure Semester wise in alignment with NEP-2020 in SRMUH w.e.f. Academic Year 2026-27

Faculty of Science & Humanities

Semester	Broad Category of Courses								Total Credits	Remarks
	Major	Minor	Multidisciplinary	AEC	SEC	VAC	RP/Dissertation	Live Projects/Vocational Courses/Internship/Field work		
I	8	4	3	2	2	2	*		21	Certificate: 46 Credits
II	8	4	3	2	2	2	*	4	25	
III	12	4	3	2	2	*	*		23	Diploma : 95 Credits
IV	12	4	*	2	2	2	*	4	26	
V	16	4	*	*	2	*	*		26	Degree : 145 Credits
VI	16	8	*	*	*	*	*	4	24	
VII	12	8*	*	*	*	*	6		20/18*	Honours / Honours with Research: 181 Credits
VIII	12	4*	*	*	*	*	6		16/18*	
3 Years	72	28	9	8	10	6	0	12	145	
%	49.66	19.31	6.21	5.52	6.90	4.14	0.00	8.28	100.00	

4 Years	96	28	9	8	10	6	12	12	181
%	53.04	15.47	4.97	4.4 2	5.52	3.31	6.63	6.63	100.00

***Students pursuing Honors will do 3 courses for 12 Credit in lieu of a Research Project/Dissertation. (2 Courses of 8 Credit in 7th Sem. and 1 Course of 4 Credit in 8th Sem.)**

****Students pursuing Honors with Research would complete 12 Credits of Research/Dissertation (2 Credit RM & 4 Credit Minor Project in 7th Sem. and 6 Credit Major Project in 8th Sem.)**

4 Year UG Courses Programme Credit Structure in alignment with NEP-2020 in SRMUH w.e.f. Academic Year 2026-27				
Faculty of Science & Humanities				
Sl.No.	Course Category	Abbreviation	Credit Requirement in SRMUH	
			3 Year UG	4 Year UG
1	Major Courses	DSC/Interdisciplinary Courses (IDC)	72	96
2	Minor Stream Courses	Interdisciplinary Courses (IDC)/DSE	28	28+12*
3	Multidisciplinary Courses	MDC	9	9
4	Ability Enhancement Courses	AEC	8	8
5	Skill Enhancement Courses	SEC	10	10
6	Value Added Courses	VAC	6	6

7	Live Projects/Vocational Courses/ Internship/Field work	LP/VC/SIP*	12	12
8	Research Project/Dissertation	RP/Dissertation**	0	12**
		TOTAL	145	181

***Students pursuing Honours will do 3 courses for 12 Credit in lieu of a Research Project/Dissertation.**

****Students pursuing Honours with Research would complete 12 Credits of Research/Dissertation.**

Curriculum Structure BSc. Psychology 2026-27

Four Year Under Graduate Programme Credit Structure Semester wise in alignment with NEP- 2020 w.e.f. Academic Year 2026-27								
Faculty of Science and Humanities								
Department of Psychology								
First Year								
First Semester								
S. N.	Course Code	Course Title	L	T	P	Credit	Course Category	Remarks
1	26PYBS101	Introduction to Psychology	3	0	0	3	Major Course	
2	26PYBS151	Practicum-1	0	0	2	1	Major Course Lab	
3	26PYBS102	Basic Statistics and Psychological Research-I	4	0	0	4	Major Course	
4	26GEPY101	Applied Psychology for Real Life	3	1	0	4	Minor Course	
5	MDC	MDC-1	3	0	0	3	Multidiscipline Course	
6	23UAEC101	Functional English-I	2	0	0	2	Ability Enhancement Course	
7	23SS151	Effective Communication Skills	3	0	2	1	Skill Enhancement Course (Soft)	
8		Digital Literacy & IT Skills	0	0	2	1	Skill Enhancement Course (Tech)	
9	23VAC102	Indian Constitution & Polity	2	0	0	2	Value Added Course	
TOTAL						21		
# Multidisciplinary Course List is attached separately, and a course shall be offered only when there is sufficient number of students opt for it								

First Year								
Second Semester								
S. N.	Course Code	Course Title	L	T	P	Credits	Course Category	Remarks
1	26PYBS201	Biopsychology	4	0	0	4	Major Course	
2	26PYBS202	Psychological Research	3	0	0	3	Major Course	
3	26PYBS251	Practicum –II	0	0	2	1	Major Course Lab	
4	26GEPY201	Health and Well-Being	3	1	0	4	Minor course	
5	MDC	MDC-2	3	0	0	3	Multidisciplinary Course	
6	23UAEC201	Functional English – II	2	0	0	2	Ability Enhancement Course	
7	23SS252	Teamwork & Interpersonal Skills	0	0	2	1	Skill Enhancement Course (Soft)	
8		Advanced Excel Skills	0	0	2	1	Skill Enhancement Course (Tech)	
9	23VAC101	Environment Protection & Sustainable Development	2	0	0	2	Value Added Course	
10	26PYBS271	Live Projects/Vocational Courses/Internship/Field-work				4=2+2	Live Projects/Vocational Courses/Summer Internship	
	Total					25		
<p>On Exit, the students on completion of requisite requirement (of 46 credits) on completion of II-Semester, shall be awarded UG Certificate (Psychology).</p>								

Second Year								
Third Semester								
S. N.	Course Code	Course Title	L	T	P	Credits	Course Category	Remarks
1	26PYBS301	Theories of Personality	4	0	0	4	Major Course	
2	26PYBS302	Experimental Psychology	3	0	0	3	Major Course	
3	26PYBS303	Life Span Development	4	0	0	4	Major Course Lab	
	26PYBS351	Practicum-III	0	0	2	1		
4	26GEPY301	Sports Psychology	3	1	0	4	Minor course	
5	MDC	MDC3	3	0	0	3	Multidisciplinary Course	
6	23UAE301/ 302	Hindi- I/German- I/French-I	2	0	0	2	Ability Enhancement Course	
7	23SS353	Presentation Skills	0	0	2	1	Skill Enhancement Course (Soft)	
8		Statistical Analysis with SPSS	0	0	2	1	Skill Enhancement Course (Tech)	
9	SWAYAM Courses	Student need to select any one Course Relevant to their interest and available on Swayam Portal During the Semester	2		0	2		
	Total					25		
<p># Multidisciplinary Course List is attached separately, and a course shall be offered only when there is sufficient number of students opt for it</p>								

Second Year								
Fourth Semester								
S. N.	Course Code	Course Title	L	T	P	Credits	Course Category	Remarks
1	26PYBS401	Abnormal Psychology	4	0	0	4	Major Course	
2	26PYBS402	Applied Social Psychology	3	0	0	3	Major Course	
3	26PYBS403	Statistics and Data Processing Tools in Psychology	4	0	0	4	Major Course Lab	
4	26PYBS451	Practicum-IV	0	0	2	1		
5	26GEPY401	Youth, Gender and Identity	3	1	0	4		
6	23SS454	Professional Skills	0	0	2	1	23SS454	
7		Video Recording and Editing	0	0	2	1		
8	23VAC103	Sports, Yoga & Fitness	1	0	2	2	23VAC103	
9	23HIN23401	Hindi- II/German-II/French-II	2	0	0	2	23HIN 23401	
10	26PYBS271	Internship				4=2+2	Live Projects/Vocational Courses/Summer Internship	
	Total					26		
On Exit, the students on completion of requisite requirement (of 95 credits) on completion of IV- Semester, shall be awarded UG Diploma (Psychology).								

Third Year								
Fifth Semester								
S. N.	Course Code	Course Title	L	T	P	Credits	Course Category	Remarks
1	26PYBS501	Clinical Assessment and Intervention	3	0	0	3	Major Course	
2	26PYBS551	Clinical Assessment and Intervention- Practicum	0	0	2	1	Major Course Lab	
3	26PYBS502	Well-Being and Happiness	3	0	0	3	Major Course	
	26PYBS552	Well-Being and Happiness- Practicum	0	0	2	1	Major Course Lab	
4	26PYBS503	Community Mental Health	3	0	0	3	Major Course	
5	26PYBS553	Community Mental Health- Practicum	0	0	2	1	Major Course Lab	
6	26PYBS504	Disability Assessment and Intervention	3	0	0	3	Major Course	
7	26PYBS554	Disability Assessment and Intervention - Practicum	0	0	2	1	Major Course Lab	
8	26GEPY501	Psychological Skills in organization	3	1	0	4	Minor	
9	26GEPY502	Educational Psychology	4	0	0	4	Minor	
10	23AR555	Aptitude & Reasoning	0	0	2	1	Skill Enhancement Course (Soft)	
11		Latex Scientific Type Setting	0	0	2	1	Skill Enhancement Course (Tech)	
	Total					26		

Third Year								
Sixth Semester								
S. N.	Course Code	Course Title	L	T	P	Credits	Course Category	Remarks
1	26PYBS601	Mental Health Counselling	3	0	0	3	Major Course	
2	26PYBS651	Mental Health Counselling- Practicum	0	0	2	1	Major Course Lab	
3	26PYBS602	Behavioural Medicine	3	0	0	3	Major Course	
4	26PYBS652	Behavioural Medicine- Practicum	0	0	2	1	Major Course Lab	
5	26PYBS603	Psychology of Work, Stress & Employee Well- Being	3	0	0	3	Major Course	
5	26PYBS653	Psychology of Work, Stress & Employee Well-Being - Practicum	0	0	2	1	Major Course Lab	
6	26PYBS604	Forensic Psychology	4	0	0	4	Major Course	
7	26GEPY601	Stress Management	3	1	0	4		
8	26PYBA 671	Live Projects/Vocational Courses/ Internship/Field Work	0	0	0	4		
Total						26		
On Exit, students shall be awarded UG Degree (BA Psychology) on securing the requisite 145 Credits on completion of VI-Semester.								

Fourth Year
Seventh Semester

S. N.	Course Code	Course Title	L	T	P	Credits	Course Category	Remarks
1	26PYBS701	Child Psychology	4	0	0	4	Major Course	
2	26PYBS702	Methods of Behavioural Research and Data Analysis	4	0	0	4	Minor stream Course	Students pursuing Honors
3	26PYBS703	Military Psychology	3	1	0	4	Major /Minor course*	Students pursuing Honors
	26PYBS704	Digital Psychology	4	0	0	4	Minor/Major Course**	Students pursuing PR
4		Research Methodology **	2	0	0	2	Research Project /Dissertation on**	Students pursuing PR
5	26PYBS706	Research Project/ Dissertation				4	Major Course	
Total						26		

* Students pursuing Honors will do 2 Courses of 8 Credits(2*4) in lieu of Research Project in 7th Semester

**Students pursuing Honors with Research will do Research Methodology of 2 Credit & Minor Research Project of 4 Credits in the 7th Semester.

Fourth Year								
Eighth Semester								
S. N.	Course Code	Course Title	L	T	P	Credits	Course Category	Remarks
1	26PYBS801	Gerontology	4	0	0	4	Major Course	Name changed
2	26PYBS802	Alternative Medicine for Mental Health	4	0	0	4	Major Course	
3	26PYBS803	Cross-Cultural Psychology	4	0	0	4	Major Course	
	26PYBS804	Rehabilitation Psychology	4	0	0	4	Major/Minor Course	Students pursuing Honors
4	26PYBS805	Research Project/ Dissertation				6	Research Project/Dissertation**	Students pursuing PR
	Total					26		
<p># Students pursuing Honors with Research would complete 6 Credits of Research Project/Dissertation</p>								
<p>*Students pursuing Honors will do 1 Course of 4 Credits in lieu of Research Project in 8th semester</p>								
<p>On Exit, students shall be awarded Bachelor Degree (BA PSYCHOLOGY) (Honors with Research) or (Honors) after securing the requisite 181 Credits on completion of VIII-Semester.</p>								

VALUATION SCHEME

The bifurcation of Continuous Evaluation (Internal) and End Semester Evaluation marks are as under:

Examination, Assessment & Evaluation System, NEP-2020			
Course Type	Examination	Evaluation Details	
		Continuous	End Semester
Major Courses	Theory	40	60
	Practical	60	40
Minor Courses	Theory	40	60
	Practical	60	40
Multidiscipline Courses	Theory	40	60
	Practical	60	40
Ability Enhancement Course	Theory	40	60
SEC	Practical	70	30
VAC	Practical	70	30
	Sports, Yoga & Fitness	80	20
Live Projects/Vocational Courses / Internship/Fieldwork	Practical	60	40
Research Project/Dissertation	Practical	70	30